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# **HOW TO** **Create Your Senior** **Profile** **WORKSHEET**

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## ***THIS WORKSHEET IS FOR:***

**Parents** who understand an organized and robust Senior Portfolio may translate to tuition dollars.

**Students** who want an easily accessible accurate account of activities for scholarship and application material.

## ***THE PURPOSE OF THIS:***

To help students compile an accurate, robust, impressive list of activities for later use.

- Give to teachers to improve recommendation letters
- Showcase your strengths on scholarship applications

A living written supporting the students character, strengths, and skills.

## ***HOW TO USE THIS WORKSHEET:***

Start the document by brainstorming significant experiences to highlight. Keep the document current by updating when necessary. Transform the Profile into a professional record which can be adjusted for different applications or recommendation letters.

## ***WHEN SHOULD I COMPLETE THIS:***

Students should start tracking extracurricular activity as early as 8th grade. Unique experiences before 8th grade are acceptable. Keep your Senior Profile current and handy throughout your high school career to document/demonstrate your service, action, teamwork, and strengths.

# SENIOR PROFILE

## FOR HIGH COLLEGE ATTRACTION

### What is a Senior Profile (or portfolio)?

- an accumulation of all you have done 9-12th
- examples: awards, medals, recognition, community service

### What is a Senior Profile (or portfolio) for?

- help teachers write better recommendation letters
- remind students of different activities that may attract different colleges

### What to include?

- grade point average
- club participation
- extracurricular activities
- how many hours
- leadership roles (secretary/president/excellent member)
- jobs responsibilities
- Events
- Government oriented events, camps, or field trips
- Contests (Knowledge bowls, spelling)
- musical theater, artistic, creative events
- interests in cars
- hobby related activities
  
- add a personal statement
  - if you need to explain something or give more detail

## Senior Profile Best Practices

- Record your events in real time
  - For Accuracy
  - Creating a Living story/Full Picture
- Profile does not have to have every activity/event

## Homework

- Search "Student vita examples" online. Check out examples.
- Start a word document recording the given details for 8-12th grade.
- Keep track of the document until Senior Year